

**Ingredients**

* 1/2 cup *vegetable oil*
* 1/2 cup *sugar*
* 1/2 cup *packed brown sugar*
* *1 egg*
* 1 teaspoon *vanilla extract*
* 1-1/2 cups *all-purpose flour*
* 1/2 teaspoon *baking soda*
* 1/2 teaspoon *salt*
* 1 cup *(6 ounces) semisweet chocolate chips*
* 1/2 cup *chopped walnuts, optional*

**Directions**

* In a large bowl, combine the oil, sugars, egg and vanilla. Combine the flour, baking soda and salt; gradually add to sugar mixture and mix well. Divide dough in half.
* On a greased baking sheet, shape the dough on a large greased cookie sheet. Sprinkle chocolate chips and nuts if desired over dough; press lightly.
* Bake at 375° for 10 minutes. Cool for 5 minutes. Cut with a pizza cutter or serrated knife into 1-in. strips; remove to wire racks to cool.**Yield:**about 3 dozen.

**Nutritional Facts** 1 serving (1 each) equals 93 calories, 5 g fat (1 g saturated fat), 6 mg cholesterol, 54 mg sodium, 13 g carbohydrate, trace fiber, 1 g protein.